

# AUSTRIAN MAN PLEADS GUILTY TO INCEST, P5

## Celebrity

Hot pants  
make cops  
GaGa

pg 14



The world's largest global newspaper

# metro

HALIFAX • TUESDAY, MARCH 17, 2009

metronews.ca

**Beat  
the Bank**  
is back.

**C100**  
TODAY'S BEST MUSIC

Weekdays @ 7:10am, 8:10am & 4:10pm

## Accident claims life of Dal grad in Ontario

**TRAGEDY** A Dalhousie University alum and broadcast journalist was killed in Ontario last weekend.

Carolyn Bray and her 12-year-old daughter Jolene Robinson were riding their all-terrain vehicle when it broke through the ice in Windermere, Ont.

Bray graduated from Dalhousie and was a broadcast journalist in Halifax before relocating to Muskoka in 1987. She was the executive director of the YWCA in Muskoka. Yesterday the national organization sent out their condolences.

"We are shocked by this untimely and tragic loss," says Paulette Senior, CEO of YWCA Canada.

"Carolyn's enthusiasm and leadership have enriched the Muskoka community and YWCAs across the country. Her death creates a deeply felt void in the women's movement."

METRO HALIFAX

## Riding the Recession

Now through the end of March, Metro will share advice on how to cut down on expenses and navigate your way through the recession.

Entertainment

• How musicians and labels are experiencing a musical meltdown during the recession, pg 13

Tomorrow

• The effect the economy is having on music venues and touring artists.



## Sports pg 10

## Recapping herd season

## Health pg 11

## Making fibre your friend

## School's out Having an electrifying March break



Noah Fraser, 7, middle, and his brother Matthew, 5, left, and cousin Allie Noseworthy, 7, enjoy their first day of March break as they check out some of the exhibits at the Discovery Centre in Halifax yesterday.

# Driver suspended after clubbing toy

PAUL MCLEOD  
paul.mcleod@metronews.ca

**A Metro Transit driver has been relieved of his duties pending an investigation after running out of his bus on Spring Garden Road in Halifax Saturday afternoon to club a fake baby seal in front of stunned protesters.**

Metro Transit general manager Pat Soanes held a press conference yesterday in Halifax and called the incident "unacceptable" and said the man is no longer allowed to operate a bus. He will be on paid leave until his final punishment is determined.

According to a witness on the bus, the driver had been joking about how bus driv-



A fake plush seal clubbed by a Metro Transit driver lays in front of the Halifax Public Gardens during Saturday's anti-seal hunt protest.

ers were getting a bad rap recently. Moments later he drove by a seal hunt protest in front of the Halifax Public Gardens.

According to the witness, the driver then allegedly remarked "oh, there are the animal lovers," and asked a rider he was chatting with, "Should I? Should I?"

He then stopped the bus, ran across the busy street and began clubbing a fake baby seal with a baton as baffled protesters looked on. The driver then ran back onto his bus and drove off, continuing his route.

The bloody and tear-stained seal prop was in front of a sign that said

"Hug me, don't club me."

"Metro Transit in no way condones this kind of behaviour," Soanes said. "Like everyone else, we are deeply concerned. Our operators are trained professionals and we expect them to behave accordingly."

This is the second bus driver in a week to go on paid leave pending an investigation.

Soanes also said yesterday this same suspension has been given to the driver who last Tuesday allegedly tried to stop a Muslim couple from getting on his bus because the woman was wearing a headscarf.

Metro Transit is also instituting a two-day refresher course for all of its 500 drivers on things like customer relations and diversity.

## Have a draft with breakie

PHILIP CROUCHER  
philip.croucher@metronews.ca

**EVERYONE'S IRISH TODAY** A lengthy lineup is expected this morning — St. Patrick's Day — when the Old Triangle Irish Alehouse in Halifax opens its doors at 7 a.m.

The bar has been granted a special licence to serve alcohol starting at 7 a.m. for today only, and will also be offering a St. Paddy's Day breakfast to customers.

"We just keep it to drafts and Caesars (in the early going)," said the bar's co-owner Cheryl Doherty. "No hard liquor to start."

Doherty expects the crowd at the Old Triangle to build throughout the morning. If past years are an indication, it will probably be its largest in the early afternoon.

"It's the busiest day of the year for us, by far," she said. "It's the one day of the year nobody is allowed to request the day off for."

All proceeds from today's breakfast will go to support The Irish Association of Nova Scotia.

If local bars aren't for you today, you can also celebrate the Irish holiday at a St. Patrick's Day Ceilidh at the Canadian Martyr's Church Hall in Halifax at 6:30 p.m.



ShareYourViews

halifaxletters@metronews.ca



# Local



## Symphony has something for all

Symphony Nova Scotia has announced its lineup for next season and it includes the complete *A Midsummer Night's Dream* by Mendelssohn, the greatest hits of ABBA and a performance with the Halifax-based production *DRUM!*. A brochure on the new season is available by calling 494-3820 or by visiting [www.symphonymovascotia.ca](http://www.symphonymovascotia.ca). **METRO HALIFAX**

## Teacher pleads guilty to sexual exploitation

**COURT** A former teacher and Trenton town councillor has pleaded guilty to touching a young person for a sexual purpose.

Robert Brian Jones, 40, of Trenton changed his plea in provincial court yesterday afternoon.

Jones had been set for a preliminary inquiry in June on the matter and had selected to proceed with a trial by judge and jury in Supreme Court.

However, Jones' lawyer told Judge Theodore Tax that Jones had changed his mind and was instead choosing to re-elect to proceed by judge alone in provincial court and change his plea.

Jones admitted to the charge of being in possession of trust or authority towards a young person, and did for a sexual purpose touch directly on her body his penis, mouth and hands.

Jones was formerly a math teacher at Pictou Academy and was suspended and later fired last year after being arrested and charged for allegedly sexually assaulting the teenaged student.

Sentencing on the matter takes place June 10.

Defence attorney Elizabeth Buckle wants a pre-sentence report as well as an assessment at the East Coast Forensic Hospital prior to sentencing.

**NEW GLASGOW NEWS**

**metronews.ca**

What's online today.

**Video** Mourners crowd a small town church for the first funeral held for Newfoundland chopper crash victims at [metronews.ca/canada](http://metronews.ca/canada)

**Blogs** Hollywood Rants brings news of the MacGyver movie we were all waiting for and Kenya Hunt spots "reality-based" fashion in Paris.



# Atlantic RCMP troop off to training

**JENNIFER TAPLIN**  
jennifer.taplin@metronews.ca

## Quitting just isn't an option for the first-ever all-Atlantic Canadian troop of RCMP cadets.

Nine fresh cadets and a "flex" recruit were officially enrolled yesterday at a ceremony at RCMP headquarters in Halifax.

The national police service is currently hiring 2,000 people to fill the ranks and with such a surge of applicants from this region, they were able to make up an entire troop of Atlantic Canadians.

"Quitting is not an option guys, especially in this troop because this is a special troop," said Insp. Maggie Smith, who led the proceedings yesterday.

Thirteen cadets from New Brunswick, eight from Newfoundland and Labrador, and two from Prince Edward Island have already signed up. This week they'll start six months of intensive training in Regina.

Smith promised it would be the most difficult six months of their lives, but urged them to stick it out.

"You're in for the time of your life I can promise you that," she said "Just don't give up."



Insp. Maggie Smith, right, congratulates Trish Waugh of Halifax after an enrolment ceremony at RCMP headquarters in Halifax yesterday. The first troop entirely made up of Atlantic Canadian cadets are off to Regina for training.

New recruit Trish Waugh of Halifax is eager to get at it.

"I may be a little nervous, but very excited. It's great to go out with so many people from Atlantic Canada," she said.

"It's always been something

I've wanted to do and now going out being part of a special troop it makes it more special."

And she's following a family tradition: Waugh's mother is currently an RCMP officer working in Yellowknife.

Every recruit is told they

must agree to work anywhere in Canada, and Waugh said she's cool with moving out West.

"Going out West is exciting and I've been out there to visit but never out there to live so it's a great opportunity."

These words of warning weren't lost on Terry King of Bedford, but he said he wasn't nervous about the

training. King, 34, is the flex cadet who fills in if one of the cadets drops out of the program.

At this point, each of these cadets have already statistically beat out eight other applicants, but usu-

## Government-funded midwives set to begin work at three sites

**HEALTH** Publicly funded midwives will be a reality by the end of the week.

The Midwifery Act, which takes effect tomorrow, aims to integrate midwives into "maternity care teams." The legislation was passed in 2006.

Six full-time and two part-time midwives will be funded at three model sites in the province. The South Shore and Guysborough Antigonish Strait health authorities are getting two full-timers each, and the IWK in Halifax will employ two full-time and two part-time midwives. Each of these "model sites" have already started recruiting midwives for these positions.

Each full-time midwife is expected to attend to 40 mothers-to-be a year.

## Maternity care

• There were 9,104 births in Nova Scotia in 2007.

Maren Dietze, president of the Association of Nova Scotia Midwives said publicly funded midwifery has been a long time coming.

"Regulating midwifery will ensure safe, high-quality midwifery care. Regulation will protect the public," she said in a statement yesterday.

A Midwifery Regulatory Council was established as a part of this program.

"Midwives are key team players in providing the right care to mothers and their families," said Health Minister Karen Casey.

**JENNIFER TAPLIN/METRO HALIFAX**

## Cleaners potentially poisonous

**PAUL MCLEOD**  
paul.mcleod@metronews.ca

People love a clean home — but at what cost?

About one in five calls to the poison centre at the IWK Health Centre in Halifax involve regular household cleaners, says the IWK.

"I could safely say it happens at least once a week, sometimes more frequently than that," said Ruth Bona, interim clinical leader of the IWK Regional Poison Centre.

These poisonings

often result from everyday products like laundry and hand soaps or toilet bowl and drain cleaners.

"The most concerning of these calls is the improper mixing of cleaning products that can immediately generate a chlorine-like gas that causes severe respiratory symptoms," said Bona.

"This sometimes happens inadvertently. For example, when toilet bowl cleaners that dispense automatically are mixed with another cleaner added to scrub the bowl."

The poisonings often result in soar throats, burning eyes and respiratory problems. Sometimes hospitalization is necessary, but other times getting out into the fresh air is enough to help the symptoms subside.

In some cases, there can be long-lasting effects.

The poison centre has several tips for making sure housecleaning doesn't go disastrously wrong:

• Always read labels on cleaning products to ensure they're used properly.

• Never mix cleaners.

• Make sure poisonous cleaners are kept in their original containers in a high, locked cupboard to keep out of reach of children.

• Child-resistant does not mean child-proof. Children shouldn't be allowed to play with child-resistant containers.





**That Dutchman's Farm could be named the big cheese in competition**

Local cheesemaker That Dutchman's Farm has been nominated in three categories for the Canadian Cheese Grand Prix Championship on April 23 in Montreal. That Dutchman's is one of the three finalists in the categories for semi-soft cheese, firm cheese and blue cheese. **METRO HALIFAX**

# Winds of change for NSP

Tories, opposition have different ideas for wind power access

PAUL MCLEOD  
paul.mcleod@metronews.ca

**The provincial government plans to strike down rules that prevent Nova Scotia Power from getting involved in wind power companies.**

Energy Minister Barry Barnett told Metro Halifax yesterday he thinks allowing NSP to invest in independent wind companies will spark development of new projects.

But both opposition parties had their own ideas of what should be done instead.

Currently NSP can't get involved with wind power, a move that's supposed to support independent companies and keep an NSP monopoly in check.

But these companies are having trouble gathering funding to get their projects off the ground, Barnett said. He believes NSP's clout could help that happen.

"We're looking at any way we can to move these projects from a planning conceptual stage to a reality," he said.

The companies would have to remain at least 50 per cent independent from



The Tories say they plan to allow Nova Scotia Power to partner with independent wind power companies. But opposition parties are criticizing the move for giving too much power to Nova Scotia Power and for denying wind companies direct access to consumers.

NSP.

The NDP said the rule change gives too much power to NSP, and the projects should instead be funded through secured loans by Nova Scotia Business Inc.

"It's a matter of taking

advantage of the creativity of local community-based people who want to pursue this on their own," said Dexter.

Liberal Leader Stephen McNeil said either way the companies are funded, the most important thing is

that they get direct access to consumers. Currently the wind power companies sell to NSP.

McNeil said the province needs to stop denying access to customers so these companies can grow on their own.

## insurance

464-4000

## Remaining bodies to be recovered from helicopter: TSB

**CRASH** The Transportation Safety Board expects to recover the remaining bodies from Cougar Helicopters Flight 91 in the next 24 to 48 hours.

Charles Laurence of the TSB said the task of retrieving the bodies is becoming more difficult even as the work progresses. One reason is the compromised condition of the fuselage.

"It was subjected to quite a shock. It is not solid. It's broken up, and ... you can imagine that some areas are a bit compressed and it does limit, sometimes, the movement of the ROV," Laurence said. "But we are getting around that. We are progressing and we are hoping to be able, within 24 to 48

**"We are hoping to be able, within 24 to 48 hours, to retrieve the remainder of the loved ones."**

Charles Laurence, TSB

hours, to retrieve the remainder of the loved ones."

Eighteen people were aboard the helicopter that ditched into the Atlantic Ocean 55 kilometres east of St. John's. Lone survivor Robert Decker is expected to be interviewed by RCMP this week. Nine bodies were brought to St. John's yesterday aboard the Atlantic Osprey. **ST. JOHN'S TELEGRAM**

## Prentice to investigate Fundy flooding issues

**FLOODING** Canada's environment minister will be looking into the potential problems for major flooding along the Bay of Fundy.

Cumberland Colchester Musquodboit Valley MP Bill Casey recently raised his concerns with Jim Prentice in the House of Commons.

The United Nations Panel on Global Warming identified the Bay of Fundy as one of the most vulnerable in North America that could be severely damaged due to rising sea levels resulting from global warming.

"He's meeting with his officials ... to try to identify resources that will be avail-

able to access the vulnerability of our Bay of Fundy shoreline," Casey said.

He told the minister about severe storms along the Advocate coastline last December and the significant damage done in the Truro and Bible Hill areas during the past few years. Casey said other studies have also indicated the area is vulnerable.

"There's just a preponderance of evidence now that we have a problem," said Casey.

"If we don't deal with it in an orderly fashion now we're going to get caught and could suffer a lot of damage." **TRURO DAILY NEWS**



Bill Casey

## More women in management needed: APEC

JENNIFER TAPLIN  
jennifer.taplin@metronews.ca

It's lonely at the top — especially if you're a woman.

Women account for only 39 per cent of senior managers in Nova Scotia, according to a recent report card by the Atlantic Provinces Economic Council (APEC). That number is much worse in the private sector where only 18 per cent of senior managers are women.

APEC president Elizabeth Beale said the private sector in Atlantic Canada needs to step up and increase the pool of women in senior management positions.

Most female managers are found in the health sector. Amanda Whitewood, a vice-president and the chief financial officer for Capital Health, said there are a number of women on their senior team.

"I've seen men and women operate at a senior level and personally I don't think it's gender-specific," she said, adding that all individuals have talents to offer an organization.

### By the numbers

- Women now account for 49 per cent of total employment in this province.
- On average, women here earn \$16.90 an hour, 87 per cent of a man's average wage of \$19.43.

"But I think you need a really good, homogeneous blend of all sorts of people that reflect your community."

Whitewood said she advanced her career by grabbing onto any opportunity to do something more or take initiative.

While there may not be an influx of women in senior management roles, female participation in the workplace — especially younger women — is on the rise.

"Now more employers are open to non-traditional (working) accommodations — like working from home," Whitewood said. "Women have learned, as we've grown in our participation, how to do more things and do them efficiently."



Amanda Whitewood, a vice-president and the chief financial officer for Capital Health, is amongst the only 39 per cent of senior managers in Nova Scotia who are women.

## NDP hopeful vows fair treatment for seniors awaiting home spots

**HEALTH CARE** The Pictou Centre NDP candidate says he'll make it a priority during the next provincial election to ensure seniors waiting for nursing home beds are treated fairly.

Ross Landry said recent stories of area residents being charged \$80 and more each day for hospital care while they await nursing home spots is disgraceful.

He says that if the NDP forms the next government, it will ensure that a

needs assessment is done for everyone awaiting nursing home beds to ensure their ability to pay necessary fees.

Landry highlighted the cases of two couples who recently found themselves forced to bring loved ones home because the family cannot afford the high fees.

"The situations (they) are in could be anyone else in the community," said Landry. **NEW GLASGOW NEWS**



A fish that made a stir last year with an apparent mutation that critics of Alberta's oilsands industry blamed on pollution was not mutated at all, a scientist said yesterday. The goldeye had a stiffened tongue, not two jaws, as was first suspected, said a University of Alberta professor. **REUTERS**

# Canada



## Polar bear meeting

The world's largest land-based carnivore, the polar bear, is under threat from climate change and hunting reporters were told ahead of the first meeting since 1981 to bring together states which are home to polar bears — Canada, Norway, Russia, the United States and Danish-administered Greenland. **REUTERS**

# Conservatives slide in latest poll

Grits closing gap on Tories nationally, parties virtually tied in vote-rich Ontario

**The federal Conservative party remains in first place in voter support nationally, at 35 per cent, a new poll has found, but its support is down three percentage points since the end of January, and almost as much since the October 2008 election.**

A Toronto Star/Angus Reid online survey finds support for the Liberal party has increased two

## Dead heat in Ontario

• If a federal election were held tomorrow, 39 per cent of respondents in Ontario would

cast their ballots for the Liberals and 38 per cent would vote for the Conservatives.

percentage points since the end of January to 31 per cent nationally, more than five points higher than its 26.2 per cent share of the vote in the

election. Tory support stood at 38 per cent in January and 37.6 per cent in the Oct. 14 election.

The NDP stands at 16

per cent nationally, down two percentage points since the end of January and about the same since the election, when it received 18.2 per cent of the votes. The Greens come in at seven per cent, similar to their election result of 6.8 per cent.

Asked who would make the best prime minister, 26 per cent of respondents chose Prime Minis-

ter Stephen Harper and 24 per cent said Liberal Leader Michael Ignatieff. NDP Leader Jack Layton came in at 10 per cent.

The online survey polled 1,002 randomly-selected adult Canadians March 10 to 11.

The results have a margin of error of 3.1 percentage points, 19 times out of 20.

**TORSTAR NEWS SERVICE**

## Ottawa set to bypass green assessments

**STIMULUS** The federal government has given itself the power to decide whether infrastructure projects aimed at stimulating the economy are subject to environmental assessment, a top minister said yesterday.

The move is aimed at streamlining approvals for \$12 billion of public spending being planned to kick-start the country's flagging economy, Environment Minister Jim Prentice said.

Word of the policy, which also involves delegating some assessment decisions to the provinces, had already angered environmental groups. It comes into force immediately.

Prentice said decisions on which projects avoid vetting by the Canadian Environmental Assessment Agency will not be based on size or value.

"It's more a question of, based on the considerable experience we now have in close to 10 years of applying CEAA legislation, whether there are classes or categories of projects which do not ... have adverse environmental consequences," Prentice told reporters after giving a speech to a business audience in Calgary. **REUTERS**

## Deciders

• The federal cabinet will make the final calls on whether projects will have to undergo environmental assessments.

## New Quebec licence holds RFID chip

**SECURITY** Quebecers can now get a driver's licence that will allow them to cross the U.S. border without a passport, and even the province's privacy watchdog is satisfied with the new high-tech cards.

In the border town of Saint-Bernard-de-Lacolle yesterday, Premier Jean Charest pulled a driver's licence "Plus" out of his wallet, the first to be issued in the province.

The new "enhanced" licences look like the

current permits, except they have a hidden radio frequency identification (RFID) microchip. The chip allows border guards to

access information about the driver, such as citizenship.

As with passports, only Canadian citizens will be able to obtain the new licences.

Charest said before the Sept. 11, 2001, terror attacks, the main border preoccupation was trade. After that, it became "security trumps trade," he said, quoting former U.S. ambassador Paul Cellucci.

**TORSTAR NEWS SERVICE**

## Toronto Tamil protest



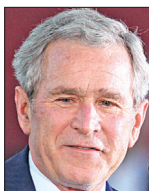
Tamil demonstrator Surendran Mahendran protests against the political turmoil in Sri Lanka, yesterday on a downtown street in Toronto. The protest was expected to draw tens of thousands of people. The Ontario capital is home to roughly 250,000 Tamils, the largest population outside of Sri Lanka.

## Activist group failed to arrange war-crimes charges for Bush

**CALGARY** When George W. Bush arrives in Calgary today to talk to 1,500 members of the city's business elite in his first paid speech since leaving office, he'll face a friendly crowd of admirers inside while protesters are hurling abuse at him outside.

What the 43rd U.S. president won't have to face during his short visit here this week is an indictment for war crimes.

"There's no possibility right now to serve him with any papers," said Gail



Bush

Davidson, a Vancouver lawyer with the international group Lawyers Against the War. "We will next time or the time after that."

The activist group tried to get the federal government to

bar Bush's entry, on the basis that he is "inadmissible by virtue of the fact that he has been accused of participating in international crimes."

Davidson also wants the RCMP to investigate Bush for human-rights violations. **TORSTAR NEWS SERVICE**

## Continent's smallest dinosaur found

**SCIENCE** Researchers said yesterday they have discovered North America's smallest known dinosaur, a pint-sized predator half the size of a house cat and cousin to the ferocious Velociraptor, which roamed in what is now Alberta 75 million years ago.

Hesperonychus, whose name means "western claw," prowled southeastern Alberta in Western Canada during the late cretaceous period, running on two legs, eating insects, small mammals, or whatever else it could find. **REUTERS**

## News in brief

**AVALANCHE** A woman who lost consciousness after being buried in an avalanche yesterday near Lake Louise, Alta., is expected to fully recover. Two

women were buried when the avalanche happened around noon in a backcountry area of the Sheol Valley, said Mark Merchant, a Parks Cana-

da spokesperson.

**LISTERIOSIS** The Public Health Agency of Canada says a Quebec man recently died of listeriosis, bringing the total num-

ber of deaths from the August 2008 outbreak to 21. The agency said in a release Friday that the Quebec health ministry had reported a new

case of listeriosis in an individual who became sick last November and died in January.

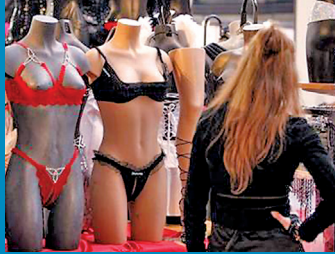
**CBC NEWS ONLINE**



**Free funeral idea dies after media frenzy**

A New York funeral director hoping to barter a free funeral for construction work on his patio was forced to scrap the idea due to the media frenzy that followed. Peter Dohanich, 51, posted an ad for the exchange on the online classified site Craigslist last week. **REUTERS**

# World



## Sex toy sales flaccid: Vendors

Sales in the French erotic industry have fallen as the global economic crisis has driven consumers to reduce their spending on sex toys, massage oils and other kinky products, sector specialists say. At Big Eropolis, an erotic fair near Paris, attendance was healthy but stall owners said customers were not spending as much as in previous years.

**REUTERS**

# Austrian man admits incest, rape

## Father who held daughter in cellar denies murdering newborn

**An Austrian man who fathered seven children with a daughter he held in a cellar for 24 years pleaded guilty to incest yesterday but denied murdering their newborn son and enslaving her.**

Wearing a mismatched grey suit, Josef Fritzl, 73, entered court in St. Poelten, near Vienna, flanked by six policemen and concealing his face behind a blue loose-leaf binder.

He later lowered the folder and with his back to the gallery spoke softly, sometimes mumbling, in response to questions about personal details and his plea. Fritzl looked straight ahead or at his lawyer, not at the jury or prosecutor.

Prosecutors accused Fritzl of raping his daughter in front of captive children. They said Fritzl, who faces life in prison if

convicted, was responsible for the death of a twin who died shortly after being born in the cellar in 1996.

They said this was murder by neglect because Fritzl failed to seek help for the baby, whose body he burnt in a furnace.

Prompted by the judge several times, Fritzl pleaded "partially" guilty to rape and said he was guilty of depriving the

### Prison time

- If convicted of murder, Fritzl could receive a life sentence or up to 15 years in prison.
- Defence lawyer Rudolf Mayer said Fritzl expected to spend the rest of his life locked up, probably in a mental institution.

children who were kept underground of their liberty.

**REUTERS**

## Ex-guerrillas take power in El Salvador

**ELECTIONS** El Salvador president-elect Mauricio Funes said he wants strong relations with Washington after his party of ex-Marxist guerrillas ousted their right-wing civil war foes in a tight election victory.

A former TV journalist, Funes' peaceful background helped the Farabundo Marti National Liberation Front, or FMLN, win power through the ballot box for the first time Sunday, years after it fought one of the Cold War's nastiest conflicts.

But rather than swing El Salvador to the hard left after 20 years of pro-Washington rule by the Arena party, Funes said he wanted even closer U.S. relations to help tackle joint issues like migration, street gangs and drug smuggling.

**REUTERS**

## Charges possible for gunman's father

**GERMANY** Prosecutors may charge the father of a German teenager who went on a killing rampage last week with involuntary manslaughter for leaving the murder weapon unlocked in his bedroom despite knowing his son was depressed.

Seventeen-year-old Tim Kretschmer used his father's Beretta pistol to kill 12 students and teachers at his former school and three other people last Wednesday, before shooting himself dead when he was cornered by police.

Prosecutors in Stuttgart said yesterday they had launched an investigation

### Gun collector

- Gunman Tim Kretschmer's father, a member of a shooting club, had 15 guns at home. Fourteen of those were locked in a gun closet as required by law but police have said the Beretta was left unlocked in the father's bedroom.

into the father's role in the crime after establishing that he was probably aware of his son's fragile mental state. Police have added that Kretschmer was treated for depression.

**REUTERS**

## New probe launched into Russian journalist's death

**INVESTIGATION** Prosecutors in Russia's troubled Ingushetia region have ordered a new investigation into how an opposition journalist was shot in the head and killed while in police custody, a lawyer for his family said yesterday.

The death of Magomed Yevloyev, editor of the region's main opposition news source, sparked massive protests against the local authorities. The regional leader has since been removed and his successor has promised to tackle official wrongdoing.

An initial investigation, under Ingushetia's previous leader Murat Zyazikov, concluded that Yevloyev

### Shooting

- Yevloyev, owner of the ingushetia.ru opposition website and a vocal critic of Zyazikov, died from a gunshot wound to the head on Aug. 31 after he was detained by police.

had been killed by accident after he tried to grab a police officer's gun, and no one was charged.

"The prosecutor's office in Ingushetia has launched a criminal investigation into ... 'abuse of office during the unlawful detention of Magomed Yevloyev,'" Musa Pliyev, a lawyer for the family, said.

**REUTERS**

## Iran Remembering war



Women stand next to an anti-aircraft gun during their visit to a war memorial site near the Iraqi border, southwest of Tehran in Khoozestan province yesterday. Iranians visit the main battlegrounds during the last week of the Iranian calendar to remember martyrs who died in the Iran-Iraq war from 1980-1988.

MORTEZA NIKOUBAZL/REUTERS

### News in brief

**CYBERCRIME** A Nigerian undergraduate has been sentenced to 19 years in prison for obtaining \$47,000 US from an Australian woman by convincing her over the Internet that he was 57 years old, white, and madly in love with her.

**COURTS** U.S. prosecutors want swindler Bernard Madoff and his wife, Ruth, to forfeit more than \$100 million US worth of homes, cars, boats, securities, silverware and a piano following his March 12 guilty plea, according to court papers.

**REUTERS**

## Obama calls for AIG bonus block

**BAILOUT** U. S. President Barack Obama told Treasury Secretary Timothy Geithner to take all legal measures to block hefty bonuses for employees of AIG, the insurance company that received up to \$180 billion US in bailout money, a White House adviser said yesterday.

"The president told Secretary Geithner ... to take every legal means that he has to push back against this, to figure out who put this in the contracts and when, and to make sure this doesn't happen again," Austan Goolsbee told the media yesterday.

**REUTERS**



## Naturopathic Weight Loss & Detox 5-week Program

*Dr. Glenna Morris, Naturopathic Doctor*  
*Dr. Amanda Wintink, PhD, Life Coach, & Registered Yoga Teacher*  
*Jason Calder, BSc, Certified Personal Fitness Trainer*

**Program Includes:**

- Nutritional Counseling & Meal Planning
- Body Composition Testing
- Relaxation Training
- Yoga

**Register today – space is limited!**

For more information: 425-4848 • [info@balancehealthcentre.ca](mailto:info@balancehealthcentre.ca) • [www.BalanceHealthCentre.ca](http://www.BalanceHealthCentre.ca)

**Program Starts**  
**Tuesday, April 7<sup>th</sup> 6:00pm**  
**\$195<sup>+HST</sup>**  
 \*  
**Register by March 31<sup>st</sup>**  
**\$175<sup>+HST</sup>**



## LOCAL

Publisher, Greg Lutes  
Managing Editor, Philip Croucher

Sales Manager, Dianne Curran  
Distribution Manager, April Doucette

## NATIONAL

Group Publisher, Bill McDonald  
Editor-in-Chief, Dianne Rinehart

Assoc Managing Editor, Tarin Elbert  
Enter/Lifestyle Editor, Dean Lisk

Art Director, Laila Hakim  
Interactive/Mktng Director, Jodi Brown

# Comment & Views

## Comment

# Tories helping media shift

## NationalReport

Lawrence  
Martin

metronews.ca/nationalreport

It's CBC bashing time again. The government, while doling out cash to every interest group imaginable, is cutting back on funding for the public broadcaster. Our media, which is largely conservative, is bashing the CBC for being biased, while ignoring their own bias. Online posters are berating the public net for being either too lowbrow or too highbrow or too Toronto. Many would like to see it killed off.

Meanwhile, the other networks, the private ones, aren't doing too well either. CanWest Global, from which a lot of the criticism of the CBC em-

anates, is staggering under a mammoth debt load. It will be lucky to survive. CTV has been posting huge losses.

In these woeful media times we have three wobbly networks. Critics can find myriad faults at each. They can find political bias, they can find pitiful programming, they can find no shortage of dumb management decisions.

But being the public enterprise, the CBC gets the wrath and what is dismaying, as one online poster put it, is that so many "would advocate the demise of the CBC and see Canada become a third-rate American satellite when it comes to entertainment, culture and identity."

The private commercial networks, by definition, cater to base tastes. They'll put out whatever schlock attracts audiences and advertisers. Public broadcasters, which, in most countries, get far more government dollars than the CBC, are needed for obvious reasons — a counterweight to dumbing down being one of them.

Much criticism of the CBC is justified, including its importation of American programming. But a political agenda figures behind many of the attacks as well.

The right, notwithstanding the drubbing its ideology has taken in recent times, has gained the upper hand in the Canadian media. The two

large newspaper chains, CanWest and the Sun chain, are conservative. One national newspaper, The Globe and Mail, is centrist, while the other, The National Post, is conservative. The national magazine, Maclean's, is run by a conservative. CTV and Global are hardly liberal. AM radio tends to be dominated by right-wing talk jocks.

The Canadian political culture is of the moderate centre, traditionally a bit centre-left. But the media culture has moved to the right of the political culture. Conservatives want to move it further in that direction. To diminish the weight of the CBC and gain even more media influence is in their interests. Whether it is in the interests of the country is another story.

Lawrence Martin is a Globe and Mail correspondent and author who writes about national affairs from Ottawa.

RIGHT  
TURN  
ONLY



## Quote of the Day

**"How do they justify this outrage to the taxpayers who are keeping the company afloat? ... (we will) pursue every legal avenue to block these bonuses."**

— U.S. President Barack Obama, who instructed Treasury Secretary Timothy Geithner to block the \$165 million in bonuses insurance giant American International Group granted its executives with bailout money.

REUTERS

## Views

# Business writing lacks vital nutrients

## InBusiness

Charles  
Davies

Warren Buffett may not be God, but he's about the closest thing we have to an economic Moses, and if he starts throwing tablets around, people pay attention.

So when he happened to mention in a recent interview that the economy had "fallen off a cliff" all hell broke loose in the stock market. That his remarks coincided with a World Bank report predicting a global contraction only abetted the heavy selling.

A Bloomberg news article that reported Buffett's remarks threw in other ex-

perts' comments about "very volatile markets" and the fact that "uncertainty reigns."

A companion piece quoted University of California, Berkeley economic Prof. Barry Eichengreen saying that "we are tracking 1929-30," while Moody's chief economist Mark Zandi noted, "This (economy) is going to scar the collective psyche." Kind of makes you want to look out the window to catch an apocalyptic dust storm.

These are parlous times, and even Buffett has fallen prey to business journalism's increasing sensationalism and its regular failure to provide sufficient context.

For every thoughtful voice like The New Yorker's James Surowiecki, there are multiple blusterers like CNBC's Jim Cramer, who generate

more noise than intelligent content. Like the markets and industries it covers, the business press has become evermore focused on the short rather than the long term. Too many journalists covering business stories lack sufficient expertise. And whatever the medium, the messenger too often fails to ask the right questions, skims the surface of events, and presents information mainly for dramatic effect. The headline from a late-February Globe and Mail interview with historian Niall Ferguson about his dismal financial predictions captures the style: "There will be blood."

Well, business news, like any other form, is supposed to be punchy and gripping, otherwise who would care? But these days, consumers of information really need depth

and perspective. To get it, they need to consult as many sources as possible, and preferably those with an established record of informed comment. I'm talking the likes of The Economist or The Financial Times as opposed to a business blog. And by all means, read stories all the way through. Several paragraphs after noting the economy was over the edge, Buffett also observed that financial institutions shouldn't be so highly leveraged in the future, that Americans should wean themselves off excessive debt, and that, yes, there will be a recovery, likely with inflationary consequences. Reasonable conclusions all.

Charles Davies is a veteran business writer and editor who has worked for news organizations and publications including Business Week, Canadian Business, Report On Business magazine, Reuters, and Financial Post.

## Worth Mentioning

# Want to own a village?

An entire English village, complete with 22 houses and cottages, two blacksmiths and a cricket pitch, goes on sale this week.

The charitable trust which owns Linkenholt in Hampshire, southern England, has decided to sell up and use the capital it raises elsewhere.

The asking price when Linkenholt goes on the open market today is \$31-

35 million, according to Jackson-Stops & Staff estate agents who are handling the sale.

The archetypal English village is nestled in rolling countryside and boasts a manor house, old rectory and clock tower and is part of a 2,000-acre estate.

Locals, who rent their properties, are expected to stay on after the sale.

REUTERS

## Metro Online Poll Results

36%  
SAID  
YES

Would you carry a driver's licence that included a radio chip?

Weigh in on today's question at metronews.ca

74%  
SAID  
NO

It's your turn to tell others what you think. Email your thoughts and opinions to: [halifaxletters@metronews.ca](mailto:halifaxletters@metronews.ca)

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.



**Rogers to name Mohamed next CEO: Report**

Rogers Communications Inc. has decided to name Nadir Mohamed chief executive officer, the Globe and Mail reported. The decision, which has been finalized internally, could possibly be made public in a week or two, the paper said. **REUTERS**

7

# Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## Data shows downturn

### Manufacturing slows while household wealth falls 4.4%

**Canadian industries ran at a slower rate than predicted and household wealth suffered its biggest drop on record in the last quarter of 2008, according to the latest in a string of gloomy data showing the depth of the economy's downturn.**

The capacity utilization rate – the ratio of an industry's actual output to its potential output – hit a record low of 74.7 per cent in the last quarter, pulled down by weak domestic and foreign demand for manufactured goods, Statistics Canada said yesterday.

The rate was worse than the 75.3 per cent predicted by analysts, who have often been too optimistic when forecasting how badly the economic crisis is af-

fecting Canada.

Separately yesterday, StatsCan said Canadian net household worth dropped by a record 4.4 per cent to \$165,300 in the fourth quarter of 2008, pushed down by the sharp decline in stock market prices.

It was also noted that the decline was not as severe as in the United States, where household net worth fell by nine per cent in the fourth quarter.

**"Our net worth is not shrinking as fast as the U.S. net worth ... but it means less wealth this year for Canadians."**

Sal Guatieri, economist at BMO Capital Markets, said the U.S. net worth, largely because our house prices are not falling as fast as U.S. prices ... but it means less wealth this year for Canadians," said Sal Guatieri, senior economist at BMO Capital Markets.

**REUTERS**

## Home resales rise, prices drop

**HOUSING** Sales of existing homes in Canada rose in February from January, the first month-on-month rise since September, but prices dropped sharply, the Canadian Real Estate Association said yesterday.

Nationally, 28,669 homes were sold in February, up 8.6 per cent from the month before on a sea-

sonally adjusted basis.

But the average home price fell 9.2 per cent to \$281,972 from \$310,379 a year earlier.

On a year-over-year basis, sales were down 31 per cent in February. That was the smallest year-over-year decline since October, the association said.

**REUTERS**

### DOLLAR



C\$ \$78.52 US  
0.07¢ US\$ \$1.2735

### OIL



\$47.35 US  
\$1.10

The Profitable Power of Land

416.921.2830  
1.888.671.9934

SYNDICATIONS CANADA INC.

**EARN**  
**35%**  
in 12 months

### Business in brief

**DISPUTE** Intel Corp. accused Advanced Micro Devices Inc. of breaching the terms of a cross-licensing agreement between the two rival chip makers, a charge that AMD denied yes-

terday. Intel alleged its rival ran afoul of a 2001 patent agreement when it created the Globalfoundries joint venture, the semiconductor manufacturer spun off from AMD. **REUTERS**

### Service Directory

To advertise contact Pat Gallant at 421-5826

#### COMPUTER REPAIR



- On site service - We travel free within HRM.
- Worry free Monthly Business service contracts

- Brand names such as Dell, Acer, HP, Toshiba, Compaq, LG and Lenovo
- Student discount with Student ID Card
- Weekly specials - Check our website

1153 Bedford Highway • (902) 832 1519 • 10-6 Mon-Sat

Receive  
**10% off**  
service  
work  
when you  
mention  
this ad!

#### Tip of the Day:

Many of life's failures are people who did not realize how close they were to success when they gave up.  
— Thomas A. Edison

#### UNDERCOATING

**\$10.00\* off Rust Check - March only!**



**Win 10 years worth of free Rust Check!**

Draw Dec. 22/09. Valued at \$1190 + tax. See store for details.  
-- 2008 Winner is David Boutilier of Boutiliers Point! --

**5677 Harris St., Hfx 429-2823**

\* must present this coupon. One coupon per vehicle. No cash value. Not valid with any other offer.

#### CHAT LINES

**Fantasies Available!**

*Live Talk 24/7*

**Canada's BEST Adult Chatline**

**(800) 711-2525**

**1 ON 1 OR 2 ON 1!**

#### ADVERTISING



**Get a lot out of a little ad space!**  
Contact Pat Gallant at 421-5826 to find out how Metro's Service Directory can deliver your message effectively!

#### RESIDENTIAL CARE

##### REAL RESIDENCE INC.

Private Residential Care Facility  
Carrie Dauphinee  
realresidenceinc@eastlink.ca

902-472-2320



#### PEST CONTROL

**Total Pest Elimination Services**

Residential & Commercial Pest Control for: rodents, bird control, fleas & other insects

**902-221-2846** [www.3.ns.sympatico.ca/totalpest](http://www.3.ns.sympatico.ca/totalpest)

#### MARTIAL ARTS & DANCE

#### PROGRAMS

**GRASSHOPPERS HOLDINGS LIMITED**

- Family Martial Arts • Pilates • Yoga • Kickboxing •
- After School Program • Salsa Dance • Social Dance •

**New Classes Starting Every 8 Weeks!**

**455-4853 • 226 Waverley Rd., Dart. • [www.grasshoppers.ca](http://www.grasshoppers.ca)**

#### DRIVING SCHOOLS

**STOP Halifax Driving School**

**New class March 21st • Next class April 4th**

Graduated Driver License approved Courses  
Insurance approved courses • Convenient payment options

email: [hfxdrivingschool@eastlink.ca](mailto:hfxdrivingschool@eastlink.ca) **454-0672**

#### HEARING AID SERVICES

**ANNIVERSARY SALE**

**FUREY HEARING AIDS**  
• Established 1962 •

**2 Digital Programmable Hearing Aids for \$1962.00\***

You choose the style that fits your lifestyle.  
All fitting and follow-up fees included.  
Call for appointment.

**902.435.0543**  
65 Eisener Blvd.  
Suite 109  
Dartmouth

No charge Hearing Tests | Repairs & Services  
Housecalls upon Request | Batteries

\*some conditions apply, see in office for details

## The DAILY BUSINESS BUZZ

### Focus on local dairy:

Farmers Dairy says it is reinforcing "buy local" efforts with a new marketing campaign launching this month, which uses the tagline, "We are your farmers" and features a series of dairy farming families.

### SportsDirect to provide fantasy contests:

SportsDirect Inc. announced yesterday that it will provide USA Today with a full suite of fantasy contests in several sports this year, including baseball and football.

### Renovated hotel opens:

A newly renovated Holiday Inn Hotel and Conference Centre has opened in Truro.

Get the full stories delivered to your inbox every morning.

Sign up today for the

**DAILY BUSINESS BUZZ**  
**nsbj.ca**

## Stocks still rallying on bank optimism

**MARKETS** Optimism over a semblance of stability in banking shares lifted stocks around the world for a fifth straight session yesterday, and took the wind out of a safety bid that had been driving gold, bonds and the dollar.

The euro hit a five-week high against the U.S. currency, while U.S. and euro zone government debt prices fell and gold slipped more than one per cent as the worldwide equity rally diminished the appeal of safe-haven assets. **REUTERS**

## Enbridge to sell stake in pipeline

**ENERGY** Enbridge Inc. said yesterday it has agreed to sell its stake in a Colombian oil pipeline to Ecopetrol for \$400 million US, raising cash to fund a big expansion of its North American pipeline network. **REUTERS**



| BMO   | CIBC | HSBC | ICICI | ING  | PCF   | RBC   | Scotia | TD    |
|-------|------|------|-------|------|-------|-------|--------|-------|
| 1.75% | 0.2% | 2.0% | 2.5%  | 2.0% | 1.65% | 1.75% | 1.75%  | 0.05% |

Note: Please check bank websites as some rates require a minimum account balance.

## Your Money

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA



# Make the move, deduct expenses

## MoneyMatters



**Q** Last March, my family and I moved so I could begin a new job. Because of the recession, the new job did not last more than four months. I have been on Employment Insurance since and only secured another job in January. What expenses can I deduct and how much? — Liam

**A** The recession has firmly taken its toll in Canada. The unemployment rate in Canada has risen to a record 7.7 per cent.

Individuals who move at least 40 kilometres closer to a new workplace or business in Canada may qualify to deduct moving expenses. Full-time students who attend university or college in Canada or abroad may also qualify. Some eligible expenses you can deduct include costs associated with buying or selling a home, travel, moving and storage,

cancelling a lease, etc. Keep your receipts.

You may deduct eligible moving expenses from income at your new employment, but cannot use them against employment insurance and other income. However, unused amounts can be used in the following year to reduce other employment income. Don't lose out on deductions — speak to your tax adviser or visit CRA's website for a full list of expenses.

**Q** I was unable to sell my previous house when I moved to accept a new position. I carried the old residence for more than three months before selling. Is this amount deductible? What if I took a loss on the home? — Alwin

**A** Good news. Yes, you can deduct cost such as property taxes, interest, utilities, etc., for the previous home. Bad news: Not more than \$5,000. The loss on your home, unfortunately cannot be deducted.

Henry Choo Chong, CGA, provides professional accounting and taxation solutions: choochonghcgga@yahoo.ca.

## Keep in mind

### Eligible moving expenses:

- Cost associated with buying or selling home
- Cost to cancel a lease
- Travel, lodging, movers and storage

### Non-eligible moving expenses:

- House-hunting cost
- Cost to increase value of home for sale

- Mail forwarding
- Loss on sale of home
- Delayed sale for market to improve

### Students may claim:

- Move within Canada
- Move to Canada
- Move from Canada
- Move to two locations outside Canada (in certain circumstances)

# Spring cleaning: Trim back those messy bills

Locate and eradicate extra charges and billing errors

## SmartCookies



**T**hree-quarters of Canadians aged 18 to 29 review their banking or other financial statements monthly, according to a recent survey put out by the Financial Consumer Agency of Canada.

Those who do not review their statements each month gave a number of reasons why — among them the fact that they were just “too lazy.”

Laziness and lack of interest when it comes to your bills could be costing you hundreds, if not thousands, of dollars every year.

Make it a must to look at every monthly bill, whether paper or electronic, even you just have a quick scan.

After doing this in the early days of our money group, one of the Smart Cookies realized she was paying a monthly fee for what was essentially credit card insurance. You too might have been sold on this type of insurance when you first received your card.

This type of insurance is



If you don't scrutinize your bills, you could be giving money away every month. A few dollars here and there can add up.

designed to protect you from outstanding credit card debt in the event of job loss, disability, critical illness or death.

Now, some people may certainly benefit from this type of insurance. Our Cookie, however, certainly did not.

What's worse, she realized that over the years she had actually paid out just under \$2,000 for this service. Had she not scrutinized her bills, she would still be giving this money away every month.

Phone bills are also notorious for having mistakes. Whether it's double charg-

ing for text messaging, charging for services that should be free, or calls you didn't make, a once-over will usually result in your finding an extra charge. And yes, you might look and say it's only a few dollars here and there, but all those little charges add up.

Customer service reps aren't going to call to tell you you're paying too much, but they will usually be helpful if you make the call and ask the questions.

Almost everyone has online banking these days. It's a quick and easy way to review your bills. And for the bills that come in to you

through mail, it's important to have a designated spot for these documents.

Pre-money group, one of the Smart Cookies kept her bills in the microwave — seriously.

Now, she has a little tote box with her own filing system to store all of her bills and financial documents. It's so easy to set up and saves her time and money.

However, try not to stuff away bills that you are going to get to in the future. Often the only time you'll remember you did this was when you receive the overdue notice in the mail!

Visit the forum at smartcookies.com for more on creative ways to cut your bills. Questions for the Smart Cookies can be emailed to smartcookies@metronews.ca.

Tune in Monday nights at 10:30 p.m. EST/PST on the W Network and be sure to visit smartcookies.com for more tips.

## Investing

Allan Small

What will turn the market from bear to bull? Find out at metronews.ca/investing

# Take the test: Are you a smart debit card user?

March is Fraud Prevention Month, a national awareness program that informs Canadians about the dangers of fraud and how to prevent it. Interac Association, Canada's national debit network, wants to know how fraud savvy you are when it comes to debit cards. Take the challenge!

## 1. True or false?

Debit card skimming is the method that fraudsters use to copy your magnetic stripe information and PIN which is then used to reproduce a counterfeit card and steal money from your bank account.

**Response: True.** Fraudsters use hidden equipment such as pinhole cameras and card reading devices to obtain your magnetic stripe information and PIN.

## 2. True or false?

Shielding my PIN with my hand or body and checking my statements regularly is the best way to protect myself against debit card fraud.

**Response: True.** Shielding your PIN is the best way to protect yourself, because without the PIN — the key security feature — a fraudster will have more difficulty accessing your bank account. If you detect anything unusual on your financial statements, contact your financial institution immediately.

## 3. True or false?

It is OK to share my PIN with family members.

**Response: False.** Never disclose your PIN to anyone, not even friends or family and if you suspect somebody knows your PIN,

change it immediately.

## 4. True or false?

I don't need to shield my PIN because fraudsters can't access my bank account if they don't have my debit card.

**Response: False.** Fraudsters use hidden equipment such as pinhole cameras and card reading devices to obtain your magnetic stripe information and PIN, which is then encoded onto a counterfeit card and used to withdraw your funds without your knowledge.

## 5. True or false?

If I am a victim of debit card fraud, I will be reimbursed by my financial institution.

**Response: True.** Cardholders are protected by the Canadian Code of Practice for Consumer Debit

Card Services, under which victims of debit card fraud will be reimbursed.

## 6. True or false?

A chip card is a payment card embedded with a microchip that will provide increased security against card skimming.

**Response: True.** A chip card is a new generation of payment card technology that will put the power of a computer onto the debit card and provide increased protection against debit card skimming. Chip cards have started to roll out nationally, and by 2010, the majority of Canadians will be able to benefit from the new technology.

More information about debit card safety and chip card technology is available at interac.ca.

NEWS CANADA

**Insurance Brokers Inc.**

**A second opinion is worth its weight in gold.**

*We have saved homeowners and businesses thousands of dollars on their insurance premiums.*


**Jack Churchill, BBA, FCIP, CRM**  
President

**tel: 902.481.0700**  
133 Ilsley Avenue, Unit P, Dartmouth  
Nova Scotia B3B 1T1



**World Series MVP Hamels leaves camp to be examined**  
Philadelphia Phillies pitcher Cole Hamels has left spring training to have his pitching elbow examined. Team doctors do not believe the tightness in his left arm is serious. **METRO NEWS SERVICES**

Sports



**Grandi retires again**  
Veteran Canadian skier Thomas Grandi retired from ski racing for the second time in two years yesterday. The 36-year-old from Canmore, Alta., announced that he will not continue racing to the 2010 Vancouver Games, just over eight months after saying it was the Olympics that had brought him out of retirement.  
METRO NEWS SERVICES

EDITOR: JOHN.CHICK@METRONEWS.CA

SCOREBOARD

PBL

|              | W  | L  | PCT  |
|--------------|----|----|------|
| x-Manchester | 15 | 4  | .789 |
| y-Vermont    | 13 | 6  | .684 |
| HALIFAX      | 10 | 7  | .588 |
| Montreal     | 3  | 10 | .231 |
| Quebec       | 3  | 13 | .188 |

CENTRAL CONFERENCE

|                | W  | L  | PCT  |
|----------------|----|----|------|
| x-Battle Creek | 15 | 2  | .882 |
| Detroit        | 6  | 10 | .375 |
| Chicago        | 6  | 12 | .333 |
| Mid-Michigan   | 4  | 15 | .154 |

ATLANTIC CONFERENCE

|            | W  | L  | PCT  |
|------------|----|----|------|
| Rochester  | 11 | 3  | .786 |
| Wilmington | 12 | 4  | .750 |
| Augusta    | 9  | 9  | .500 |
| Buffalo    | 1  | 15 | .063 |

x-clinched playoff spot  
y-clinched wild-card berth

SUNDAY'S GAME

Manchester at HALIFAX, 2 p.m.

NHL

YESTERDAY'S RESULTS

Atlanta 5 Washington 1  
Nashville at Los Angeles

NBA

YESTERDAY'S RESULTS

Charlotte 112 Toronto 86  
Portland 103 Memphis 92  
Houston 95 New Orleans 84  
Oklahoma City 78 San Antonio 76  
New Jersey at Denver

For more sports coverage visit: metronews.ca

# Campbell gets the kids going

RAF BRUSILOV  
for Metro Canada

**Olympic gold medalist and celebrated hockey personality Cassie Campbell wants to make sure the next generation of kids gets the same opportunities to play sports she did.**

The big-hearted star, famous for captaining the Canadian women's hockey team to gold medal wins in the 2002 and 2006 Winter Olympics, was in Toronto recently to raise money for organized sports programs for kids.

Campbell hit the ice with kids including the girls' hockey team from a local school to conduct a hockey skills clinic and kick off fundraising for

Canadian Tire JumpStart, a program which raises money to allow kids in financial need an opportunity to participate in organized sports.

For Campbell, giving kids an equal opportunity to excel in sports is something she strongly believes in.

"This program is exciting for me on a personal level. I can't imagine not having been able to play sports growing up and it's a shame for a child to not have that chance," Campbell said.

At the fundraiser event, kids shared the ice with Campbell to practice their stick-handling and skating skills and Campbell later signed autographs for everyone.

Dan Thompson, presi-



Ten-year old Michael Wood takes a shot as Cassie Campbell looks on in Toronto recently.

dent of the Canadian Tire Foundation for Families which created the program, says the ultimate goal of JumpStart is to use sports like hockey to teach

kids how to be successful in life while staying healthy.

"Physical activity should be a staple for every young child. With team sports,

kids learn how to work together as a basis for life skills — that's the real value of the program," Thompson said.

Karyn Percival-Berry, a brand leader at Energizer which helps sponsor the program, says the company got involved because too many kids have to miss out on sports due to financial reasons.

"We want to allow kids to have an opportunity they may not have been able to have otherwise," Percival said.

Seeing more girls hit the ice is rewarding for Campbell.

"When I was starting out we didn't have high school programs for girls. Now the sport has just grown so much. It's exciting," she said.





# Mooseheads not out of woods yet

Lack of top draft pick, defensive depth may hinder efforts to bounce back next year

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

**So you're a Halifax Mooseheads fan, and you've just suffered through one of the worst seasons in franchise history. Now it's time to sit back and wait until next season, when the rebuild Herd will steamroll the competition, right?**

Well, not quite. Despite 20 players eligible to return and a large group of forwards that has shown solid potential, the Mooseheads are not out of the woods just yet.

Not only are the Mooseheads without their top draft choice — potentially No. 1 overall — they'll have a thin blue-line after Gabriel O'Connor and Pascal Amyot and an inexperienced 17-year-old goalie in Mathieu Corbeil.

Mooseheads head coach Cam Russell, who added general manager to his title in January after the firing of Marcel Patenaude, admits

there is plenty of work in the off-season.

"If you look at any team in any league, you build from the net out," said Russell. "You've got to have good goaltending and you've got to have real good puck-moving defencemen."

"The biggest need I would say right now is on our back side. We'd like to get a little more solid on our defence."

Although there will be many returnees, only six will be younger than 19. That group features Corbeil, promising blue-liner Alex MacDonald and forwards Gabriel Desjardins, Travis Randell, Jessyko Bernard and Guillaume Pelletier.

They'll look to add youth at the draft table and via trades.

"We're trying to get younger, but we're trying to get better at the same time," Russell said. "We'd like to bring in some young guys next year and not be so top-heavy with older guys."

**"You build from the net out."**

Coach Cam Russell

With leading scorers Tomas Knotek, Yuri Cheremetiev and Jan Stransky eligible to return and forwards Alexis Piette, Gerard Grant and Desjardins capable of breakthroughs, there appears to be sufficient offence for next season.

Russell said he believes he has instilled a culture of strong work ethic and competitiveness in the younger Mooseheads, something that will serve the team well in the future.

Looking ahead a year, Russell's projections are modest.

"You never know what you're team's going to look like a year from now," Russell said, "but we'd like to be in the playoffs and be a very competitive hockey team."



Defenceman Pascal Amyot, acquired in January, will anchor the Halifax Mooseheads' defence corps next season along with Gabriel O'Connor, but there isn't much to choose from after that.

## 'I think we're going to be pretty good'

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

**YOUTH** Look no further than Alexis Piette to see the benefits of a rebuilding year in Moose Country.

The 18-year-old Halifax Mooseheads centre went from early season healthy scratch for lackadaisical play to scoring star in the final two months of the regular season.

He finished the campaign with 12 points in the final 10 games and was fourth on the team with 35 points overall.

As an 18-year-old ninth-round pick with just nine points in the junior A ranks in 2007-08, Piette might not have gotten so much as a sniff if it hadn't been a rebuilding year.

"I'm thankful to the coaches for giving me the opportunity," said Piette. "They gave me ice time and I tried to work hard, and they gave me more and more and more at the end

of the year. The rookies did a good job, we finished with a lot of ice time, and we'll arrive next year with a lot of confidence."

Fellow rookie forwards Gabriel Desjardins and Gerrard Grant also had strong second halves, while wingers Jessyko Bernard and Charles Bety and blue-liner Alex MacDonald all had opportunities to show they can be key players.

The last-place finish and 49 losses sting, but the kids are looking to the Drummondville Voltigeurs for motivation. Last season, the Volts finished last and lost 56 games. This year, they're the QMJHL's best team with 54 wins.

Losing games can pay off in junior hockey.

"I think we're going to be pretty good next year," Piette said. "Drummondville finished first, and last year, they were terrible. All the rookies are friends and good teammates and we're going to come back motivated to get some wins."

## Plans for Czech stars unknown

**SCORERS** Tomas Knotek and Jan Stransky put together solid seasons for the Halifax Mooseheads and head coach and general manager Cam Russell hopes they'll be back in the fall.

While there is no reason to believe the skilled scorers from the Czech Republic have other plans, Russell said he intends to find out for sure in the coming weeks.

"We'll discuss that with them and their agents," he said, adding that he was "very pleased" with their play.

Knotek flew to Columbus yesterday to watch former Mooseheads star Jakub Voracek play an NHL game while Stransky is scheduled to return home today to write exams.

**METRO HALIFAX**

YOU COULD  
**WIN**  
**A GIFT BASKET**  
CONTAINING ALL THE  
**2009 BEST NEW PRODUCTS!**



Voted by Consumers



**BEST NEW PRODUCT**  
BestNewProducts.ca  
Powered by BrandSpark

PRESENTED BY  
**Canadian Living**

**VISIT METRONEWS.CA/BNPA TO VIEW THE WINNING PRODUCTS & TO ENTER THE CONTEST!**

BioBest  
**Vitalite**

Ocean Spray

Knorr

Blistex

green works  
Powerful cleaning, done naturally!

Astro  
BioBest  
Smoothie

Lipton

GLAD

Dr. Oetker

metro

No purchase necessary. One entry per person. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes April 27, 2009. Odds of winning depend on number of entries received. Ten prizes of the 34 Best New Product Award products will be awarded. Each prize is valued at approximately \$200 (CAD). For full contest rules and details, visit [www.metronews.ca/bnps](http://www.metronews.ca/bnps).

For a Q&A with  
Mooseheads coach  
Cam Russell and  
more, visit Matthew  
Wuest's Q files blog  
online at:  
**metronews.ca/qfiles**





**Which beauty products are best?**

At bellasugar.com, users rate a variety of beauty products. Items are listed in order of those with the highest ratings to those with the lowest — making it easy to zero in on the products that you feel are worth spending your money on. **BEST HEALTH MAGAZINE**

**11**

# Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

## Your soluble fibre friend

Those who struggle with genetically high cholesterol need both types

JANINE FALCON  
for Metro Canada



**Brenda Strong is a long-time vegetarian and yoga instructor (an actress too — she is Mary-Alice Young on Desperate Housewives). Given her healthy lifestyle, Strong was shocked when a checkup revealed elevated cholesterol levels.**

"My doctor told me to cut out red meat and start exercising, but I was already on top of all that," she says.

Turns out a fibre supplement was the solution to Strong's health dilemma. In 30 days of regular use, her cholesterol readings dropped significantly. But why? Because the supplement is a source of psyllium, a soluble fibre. Yup. Soluble.

A survey by Metamucil and Ipsos Reid suggests that 96 per cent of Canadians know that fibre is part of a healthy diet — but only 49 per cent know exactly what and how much fibre they need. Most people think



**"My doctor told me to cut out red meat and start exercising, but I was already on top of all that."**

Brenda Strong, actress, vegetarian and yoga instructor

they need bran and maybe some broccoli. Few, however, including those like Strong who struggle with genetically high cholesterol, know we need two types of fibre: Insoluble and soluble.

"Insoluble is bulk or roughage. Largely indigestible, it ushers food through the intestinal tract efficiently and quickly," says Jennifer Grochocinski, a doctor of naturopathic medicine at Continuum Wellness in Toronto, Ont. "Soluble fibre has all the blood-sugar and cholesterol-lowering properties," she says. "Combined with water it forms a gel, which helps slow digestion, so you feel fuller longer, and gives your system time to absorb nutrients."

Soluble fibre ferments,

which promotes the growth of healthy bacteria that further improves digestion. "Fermentation also produces short-chain fatty acids which the intestine cells absorb to keep them healthy," explains Grochocinski. "It helps lower cholesterol in two ways: 1) It grabs cholesterol that is released into your digestive tract with your bile and helps to transport it from your body through your bowel movements, and 2) one of the short chain fatty acids produced from the fermentation tells the liver to decrease the amount of cholesterol it produces."

Simply put, soluble fibre does all the complex work; insoluble fibre keeps things moving along efficiently. "Insoluble fibre prevents waste and toxins from sit-

ting in your system too long," adds Grochocinski. "You don't want the body to absorb that stuff."

We find insoluble fibre in whole grains, cereals, vegetables and the skin of certain fruit. We can get soluble in strawberries, apples, citrus fruit, legumes, flax, oats, psyllium, barley and beans — conveniently some of these also contain insoluble fibre. Most of us can get enough in a balanced diet. "Low-carb diets can be prob-



Insoluble fibre can be found in whole grains, cereals, vegetables and the skins of certain fruit; while soluble fibre comes from citrus fruit strawberries, apples, flax, legumes, oats, barley and beans. Together, the two fibres can prevent high cholesterol.

herbal or green tea if water doesn't appeal).

Do we need fibre supplements such as Metamucil or Benefiber? "If you're dealing with a medical condition, you need something with a therapeutic dosage higher than you can get through a good diet," says Grochocinski.

## Try Before You Buy.

Often, making the first step towards leading a fitness lifestyle can be intimidating.

At the Stadium we are confident you will discover what many in our community already have.

To get started with your fitness lifestyle call **252-4000** today!  
[www.thestadium.ca](http://www.thestadium.ca)



The Stadium is where *You* **BELONG!**

## 7 DAYS FOR FREE!

- Sample our:
- Co-ed Fitness Centre
  - The Women's Gym
  - Aquatic Centre
- and much more!



\*Use for 7 consecutive days. Bring in this ad to redeem offer. Participant must be a new member, 19 years or older.

## GUARANTEED WEIGHT LOSS!



"After my baby, I was overweight and always tired. I tried Thermo-Lean and lost 51lbs in just 4 months. It was fast and easy!"  
Anna Stellato

**Thermo-Lean® targets your problem areas and is so powerful... you'll feel it working in only 15 minutes!**

- ✓ Lose Weight
- ✓ Control Your Appetite
- ✓ Increase Your Energy



888-834-7760  
[www.thermo-lean.com](http://www.thermo-lean.com)  
Available at retailers nationwide



If you're a visual person, this could be the food diary for you. Use your cellphone to snap pictures of your food choices and then send them to [nutrax.com](http://nutrax.com), which tracks your diet. It brings a whole new meaning to saying "Cheese!" **BEST HEALTH MAGAZINE**

# Periods: Out of the closet

## The J Spot

Josey Vogels

[metronews.ca/thejspot](http://metronews.ca/thejspot)

Every woman I know has her "first-period" story. I remember coming home from school the day I got mine. I was a bit of a tomboy and everyone in our "group" expected me to get it last. My best friend Kelli got it first, no surprise, she already had boobs and hips in grade seven. I told my Mom after supper, while doing the dishes. "Guess what happened to me today," I said, brimming with the excitement of proof that I really was a girl after all. "I got my period!"

"I don't get mine, anymore." After her eighth kid (me) her doctor had insisted on a hysterectomy. "You'll have to talk to your sister."

"Oh," I replied, that sinking feeling creeping right down into my now apparently fertile loins; I suddenly didn't feel so smug about my stained underwear.

My sister handed me a

super-monster-jumbo tampon and left the room. I managed to get it in about halfway and spent the night uncomfortably shifting my butt around wondering what I'd been so excited about.

In the recently released *My Little Red Book*, 18-year-old editor Rachel Kauder Nalebuff compiles 92 short stories by women about their first period.

It's about time our "little friend," "Aunt Flo" or whatever favourite euphemistic name you were taught to give your period came out of the closet.

It's shocking really, that this thing that we put up with once a month for more than half of our lives (seven days X 12 months X 40 years = a lot) is still so taboo.

We may have come a little way from the days of viewing menstruating women as unclean or ill and the belief that menstrual blood was dangerous, unlucky and dirty. But I don't know how many times my moods or reactions have been written off

because "it must be that time of the month" or how many times, when I'm really experiencing "that time of the month" in a bad way, I have been made to feel like I've got a convenient excuse.

I wish we'd learn to celebrate menarche, as some cultures do. A friend of mine's

10-year-old has decided she wants to have a "period party." She's already working on the guest list. I like that.

One last gripe. Who came up with the term "feminine protection" anyway? No doubt, the same people who come up with the brand names. Satin Touch? I mean, really, it makes having your period sound almost orgasmic. And the selection has become mind-boggling. Faced with a wall of wings, super-absorbency, day-time, night-time, heavy-flow, light-flow, unbleached, biodegradable, mini, maxi, super-maxi, super expen-

**"It's about time our 'little friend,' 'Aunt Flo' or whatever favourite euphemistic name you were taught to give your period came out of the closet."**

Why do many of us still consider menstruation a taboo topic, asks our columnist.

sive "feminine protection," it's enough to make you want to cry. Then again, it could just be PMS.

(Note to readers: Last week, I wrote that *The Bachelor Jason changed his mind six months after agreeing to marry Melissa*. It was actually six weeks.)

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit [joseyvogels.com](http://joseyvogels.com).



Check out the new cheap and chic Joe Fresh Beauty products: cheek tint, \$4, brow pencil, \$6.

## Joe Fresh launches beauty line

**COSMETICS** Staying true to its philosophy of offering cheap and chic, the Joe Fresh brand launched its own cosmetics line, aptly named Joe Fresh Beauty, this month.

The inaugural collection features several key make-up products, including cream foundation, pressed powder, cheek tint, fine tip liquid eyeliner, mascara, brow pencils, lipstick, moisturizing lip tints and more; all ranging in price from \$4 to \$8.

In total, the collection offers more than 60 shades for lips and eyes, including an array of neutrals and other colours suitable for women of all ages and ethnicities. For instance, foundation in liquid, cream and power forms come in nine different colours with three light, medium and dark options to choose from.

To accompany the new cosmetics, Joe Fresh Beauty also offers brushes and other accessories such as emery boards, blotting papers, compact mirrors and manicure/tweezer kits for between \$2 and \$16.

"The approach we've used with the fashion collection translates beautifully to cosmetics," Joe Mimran, creative director for Joe Fresh Style, said in a recent statement. "We want to dress our customers from head to toe and that includes makeup. For us, it's always about value, style and quality."

Joe Fresh Beauty products are available in more than 250 Real Canadian Superstores across Canada. Find a location near you by visiting [joe.ca/en/beauty](http://joe.ca/en/beauty).

METRO NEWS CANADA

Prairie Naturals

## Low Energy ✓ Stressed ✓ Time to Detox!

### Morning Rise & Shine

Lemon, Aloe Mineral Drink

• Energize • Alkalize • Cleanse • Hydrate

Holistic Pharmacist, RoseMarie Pierce, B.Sc.Pharm., formulated the Morning Rise & Shine drink to offer an easy-to-take alternative to her popular recipe version, see [www.sunstreams.ca](http://www.sunstreams.ca). RoseMarie believes that replacing the morning coffee (or sweetened and processed drinks) with the Morning Rise & Shine drink will provide the double benefit of eliminating acid-forming drinks and offer instead a health-giving alkalizing, energizing alternative. By starting the day with this healthy morning drink, you will also help to improve nutrient absorption and create lightness in your digestive process.

**Customer Testimonial** - I'd heard about Morning Rise & Shine from a friend who said it gave her that needed edge so I tried it and now it's a part of my morning ritual!  
G. Solomon - Winnipeg MB



Created by  
**RoseMarie Pierce, B.Sc.Pharm., Holistic Pharmacist**  
RoseMarie is a highly respected lecturer, writer, and media personality within the natural health industry.



### ReCleanse

7-Day Whole Body Detox Program

• Eliminate toxins • Improve digestion • Lose weight  
• Support immunity • Healthy aging • Increase energy

ReCleanse® Herbal Cleanse is the gentle and effective, 7-Day Whole Body Detox that you can use as often as you like. Consisting of two parts, the multi-systems cleansing formula and the colon cleansing formula (in vegetable source capsules), ReCleanse® Herbal Cleanse can rejuvenate and restore the cleansing and detoxifying systems of the body, which deactivate, transform, filter and eliminate toxic substances. It does this by combining the benefits of over 25 cleansing herbs shown to enhance the natural cleansing ability of the kidneys, glands, liver, blood, digestive system and colon.

ReCleanse® Fibre Powder and Fibre Chewables provide 100% organic fibre from plant sources, superior health-promoting soluble fibre to support the detoxification process.

**Customer Testimonial** - I have been using ReCleanse for the past 6 months and have felt rejuvenated with energy!  
H. Wilson - Kelowna BC



**Planet Organics**  
Halifax (902) 425-7400

**CNC Nutrition**  
Glace Bay, NS (902) 849-3017

**South Shore Natural Foods**  
Bridgewater, NS (902) 543-6435

**Yarmouth Natural**  
Yarmouth, NS (902) 742-2336

**Healthy Selection**  
(902) 832-7511

**CNC Nutrition**  
Sydney, NS (902) 567-0420

**Sunflower Natural Foods**  
Antigonish, NS (902) 863-1194

**Sun Spun**  
Truro, NS (902) 895-7177

**Healthy Bug**  
(902) 454-2225

**Maria's Health Foods**  
Coldbrook, NS (902) 678-1110

**Valley Natural Foods**  
Greenwood, NS (902) 765-2882





Entertainment



Rescue Mission

Eonline.com is reporting that G.I. Joe star Channing Tatum may be rescuing pop star Rihanna in a new version of the Whitney Houston film The Bodyguard.

METRO NEWS SERVICES

EDITOR: DEAN.LISK@METRONEWS.CA

# Music meltdown

## Artists, labels feeling pinch of recession

BRYAN BORZYKOWSKI  
for Metro Canada

**“I’m feeling this depression,” said Montreal and New York-based musician Martha Wainwright in December, before embarking on a Canadian tour.**

“No one’s buying records anymore; we’ll have to go back to the life of a touring artist in the ’30s, where they’d sleep upright on a school bus and go from town to town.”

While Wainwright might be joking about the school bus, she’s dead serious about the pain the recession is causing her, and the entire music industry in general. CD sales have been dropping for years now — Canadian physical sales de-

clined 8.5 per cent in 2008 — but with more and more music fans tightening their belts, this economic downturn could spell the end of the traditional music industry as we know it.

“The recession will accelerate the demise of physical retail and it may increase peer-to-peer traffic,” says New York-based analyst Aram Sinnreich. “File sharing is for people who have more time than money.”

“Unfortunately, you’ll see a lot more economic decisions as opposed to artistic decisions,” adds Graham Stairs, vice-president of Toronto’s Finkelstein Management.

That means many bands will be left in the lurch as major labels choose to go after the sure economic

**“You’ll see a lot more economic decisions as opposed to artistic decisions.”**

Graham Stairs,  
Finkelstein Management

bet. Stairs says one way the big labels will try to stay afloat is by reissuing albums and encouraging their already successful bands to stick to their tried and true formulas.

Another way the majors will attempt to get the most bang for their bucks is by signing artists to “360 deals,” a contract which gives the label a portion of CD and ticket sales, merchandise, and whatever else makes a band money.

“The legacy businesses



Musician Martha Wainwright is dead serious about the pain the recession is causing artists like her.

are going to have to reorganize around the new reality,” says Sinnreich. “They’ll focus on business-to-business models, converting legacy contracts to 360 deals coordinating between distribution, marketing, tech, and legal to a degree they haven’t in the past.”

Indie labels don’t have the resources to sign artists to multi-million deals, but what they do

**Riding the Recession**

have is an entrepreneurial spirit that’s key in any economic downturn. Stairs says many Canadian labels have had to be “mean and lean” in pre-recession days, so they’re already prepared to operate on a thin budget.

Sinnreich agrees that indies are well positioned to survive a recession. “They’re not stuck inside of a blockbuster economy, spending millions to make millions,” he says.

Still, indie bands and labels are suffering. Stairs says that he recently had a deal fall through for one of his artists after the U.S. label president told him, “I’m taking the deal off because of the economy.”

| HA            | H   | D   | B   | 7:00  | 7:30                          | 8:00                       | 8:30   | 9:00   | 9:30   | 10:00  | 10:30                  | 11:00         |
|---------------|-----|-----|-----|-------|-------------------------------|----------------------------|--|--|--|--|------------------------|---------------|
| 3/17/09       | 31  | 31  | 31  | ABC   | News (N)                      | ABC Wld News               | Inside Edition   | Chronicle  | Dancing With the Stars   | Dancing With the Stars   | Primetime: You         |               |
|               | 7   | 7   | 7   | ASN   | The Road to Avonlea           |                            | Instant Star   | TMZ (N)  | Dancing With the Stars   | Dancing With the Stars   | Without Trace          |               |
|               | 11  | 11  | 11  | CBC   | Coronation St.                | Jeopardy! (N)              | Rick Mercer  | 22 Minutes   | CBC News: The National   | CBC News: The National   | The Hour               |               |
|               | 2   | 2   | 2   | CBC-F | Terre humaine                 | Pyramide (SC)              | Virginie (SC)  | La Factice   | Providence (N) (SC)  | René - Le Destin d'un chef   | Le Téléjournal         |               |
|               | 32  | 32  | 32  | CBS   | News (N)                      | Evening News               | The Insider (N)  | Entertainment  | NCIS "Knockout" (N)  | The Mentalist (HDTV) (N)   | Without Trace          |               |
|               | 69  | 69  | 69  | CFTM  | TVA 18 heures                 | Le Cercle (SC)             | Les Gags   | Star Académie:   | La Fievre de la danse (SC)   | La Promesse (HDTV) (N) (SC)  | TVA 22 heures          |               |
|               | 6   | 6   | 6   | CIHF  | Entertainment                 | ET Canada                  | 90210 (HDTV)   | NCIS "Knockout" (N)  | Project Runway Canada  | Project Runway Canada  | News (N)               |               |
|               | 9   | 9   | 9   | CJCH  | etalk                         | Hollywood                  | Law & Order: SVU   | American Idol (HDTV) Finalists compete. (Live)                       | American Idol (HDTV) Finalists compete. (Live)                       | American Idol (HDTV) Finalists compete. (Live)                       | News (N)               |               |
|               | 10  | 10  | 10  | ELTV  | (6) EastLink Television       |                            |  | Podium TV  | Podium TV  | EastLink Television  |                        |               |
|               | 36  | 36  | 36  | FOX   | Deal-No Deal                  | The Simpsons               | Two/Half Men   | Two/Half Men   | American Idol (HDTV) Finalists compete. (Live)                       | American Idol (HDTV) Finalists compete. (Live)                       | Fox First              |               |
| primetime     | 12  | 12  | 12  | NBC   | News (N)                      | NBC News                   | Hollywood  | Extra (N)  | The Biggest Loser (N)  | The Biggest Loser (N)  | Law/Ord SVU            |               |
|               | 29  | 29  | 29  | NW    | World News                    | Business                   | CBC News   | Newman   | The Hour   | CBC News: The National   | Homo Toxicus           |               |
|               | 4   | 4   | 4   | PBS-B | NewsHour With Jim Lehrer      | Greater Boston             | Viewer Favorites   | Viewer Favorites   | Viewer Favorites   | Viewer Favorites   |                        |               |
|               | 35  | 35  | 35  | PBS-D | NewsHour With Jim Lehrer      | Business Rpt.              | Worldfocus   | Daniel O'Donnell: Hope and Praise                                    | Daniel O'Donnell: Hope and Praise                                    | Alone in the Wilderness  |                        |               |
|               | 68  | 68  | 68  | TQS   | (6:30) Le Retour (SC)         | Catherine (SC)             | Pop Corn   | Dirty Sexy Money (SC)  | Men in Trees: leçons   | Men in Trees: leçons   | 110 pour cent          |               |
|               | 23  | 96  | 96  | BNN   | Business News                 | Headline                   | Market Call  | Commodities  | Workopolis TV  | Business News  | Market Call            |               |
|               | 18  | 18  | 18  | CNN   | Situation Room-Wolf Blitz     | Lou Dobbs Tonight          | Lou Dobbs Tonight  | Campbell Brown: No Bias  | Campbell Brown: No Bias  | Larry King Live (N)  | Cooper 360             |               |
|               | 54  | 54  | 54  | GOLF  | Golf Central                  | The Approach               | Inside PGA   | Golf Tavistock Cup -- Day 2. From Windermere, Fla.                   | Golf Tavistock Cup -- Day 2. From Windermere, Fla.                   | Golf Tavistock Cup -- Day 2. From Windermere, Fla.                   |                        |               |
|               | 52  | 52  | 52  | RSE   | Sportsnet Connected           | Sportsnet Connected        | Overtime   | NHL Hockey Buffalo Sabres at Ottawa Senators. (HDTV) (Live)          | NHL Hockey Buffalo Sabres at Ottawa Senators. (HDTV) (Live)          | NHL Hockey Buffalo Sabres at Ottawa Senators. (HDTV) (Live)          | Sportsnet Con.         |               |
|               | 55  | 55  | 55  | SCOR  | Hockey Talk                   | Game On                    | Cabby Unlimit  | Mar. Madness   | College Basketball: NCAA Tour. Opening Rd.                           | College Basketball: NCAA Tour. Opening Rd.                           | Score Tonight          |               |
| sports        | 45  | 45  | 45  | SPD   | Unique Whips                  | Pimp My Ride               | Pimp My Ride   | Pass Time  | Low Life   | Low Life   | Super Bikes!           | Hot Import    |
|               | 53  | 53  | 53  | TSN   | Off the Record                | SportsCentre               | That's Hockey!   | NHL Hockey Toronto Maple Leafs at Tampa Bay Lightning. (HDTV) (Live) | NHL Hockey Toronto Maple Leafs at Tampa Bay Lightning. (HDTV) (Live) | NHL Hockey Toronto Maple Leafs at Tampa Bay Lightning. (HDTV) (Live) | NHL Hockey             |               |
|               | 43  | 43  | 43  | FAM   | Han. Montana                  | Sonny Chance               | Wizards-Place  | Han. Montana   | Zack & Cody  | Latest Buzz  | Wizards-Place          | Ned's School  |
|               | 44  | 44  | 44  | TOON  | Ben 10: Alien                 | Johnny Test                | Totally Spies  | Total Drama  | 6TEEN  | 6TEEN  | Futurama               | Robot Chicken |
|               | 26  | 26  | 26  | TREE  | Ni Hao, Kai-lan               | Big & Small                | Backyardigans  | Night Grdn   | Max & Ruby   | Franklin   | Little Bear            | Comfy Couch   |
|               | 27  | 27  | 27  | YTV   | March Break                   | March Break                | Adrenaline Proj  | Prank Patrol   | Malcolm-Mid.   | Futurama   | Family Biz             | Falcon Beach  |
|               | 16  | 16  | 16  | A&E   | Cold Case Files (HDTV)        |                            | CSI: Miami (HDTV)  | The First 48 (HDTV)  | The First 48 (HDTV)  | The First 48 (HDTV)  | The First 48           |               |
|               | 70  | 70  | 70  | APTN  | News                          | Wings-Canada               | Storytellers   | Wapos Bay  | Cashing In   | Fish Out   | Mixed Blessing         | Caution: Nuts |
|               | 50  | 50  | 50  | BET   | 106 & Park: BET's Top 10 Live |                            | Barbershop ** (2002, Comedy) Ice Cube, Anthony Anderson. Premiere. | Barbershop ** (2002, Comedy) Ice Cube, Anthony Anderson. Premiere.   | Barbershop ** (2002, Comedy) Ice Cube, Anthony Anderson. Premiere.   | Barbershop ** (2002, Comedy) Ice Cube, Anthony Anderson. Premiere.   | Baldwin Hills          |               |
|               | 37  | 37  | 37  | BRVO  | Street Legal                  | Live at the Rehearsal Hall | Live at the Rehearsal Hall   | To Dublin With Love  | Celtic Tenors Live in Concert Irish trio.                            | Celtic Tenors Live in Concert Irish trio.                            |                        |               |
| family        | 25  | 25  | 25  | CMT   | Cross Canada Countdown        |                            |  | Home Improve.  | Home Improve.  | Reba   | Reba                   | Hope & Faith  |
|               | 49  | 49  | 49  | COM   | Laughs                        | Comedy Now                 | Air Farce  | Just for Laughs  | Corner Gas   | The Simpsons   | South Park             | Lewis Black   |
|               | 153 | 153 | 153 | COURT | Killer Next Door              |                            | World's Wildest Police Videos                                      | Cops Uncut   | Dumb Criminal  | Code Red: Moment of Survival   | Police Videos          |               |
|               | 38  | 38  | 38  | DISC  | Destroyed                     | Destroyed                  | Daily Planet (N)   | How It's Made  | How It's Made  | Destroyed  | Time Warp (N)          | Combat School |
|               | 34  | 48  | 48  | HGTV  | Holmes on Homes               |                            | House Hunters  | Property Virgin  | Pure Design  | Sarah's House  | Design Inc.            | Colin-Justin  |
|               | 46  | 46  | 46  | HIST  | Crime Stories                 |                            | NCIS "See No Evil"   | Sandhogs   | Crime Stories  | Crime Stories  | NCIS                   |               |
|               | 17  | 17  | 17  | MM    | disBand                       | Technical Diff.            | Degrassi: TNG  | Instant Star   | Paris Hilton's British Friend  | Paris Hilton's British Friend  | Degrassi: TNG          |               |
|               | 19  | 19  | 19  | MMM   | MusicProfile                  | mmmtop10.com               |  | Where You At   | Popagenda  | Gene Simmons   | Gene Simmons           | Gene Simmons  |
|               | 201 | 201 | 201 | M1    | (6) The Kite Runner           |                            | (8:15) Blades of Glory *** (2007, Comedy)                          | Survivorman  | Survivorman  | Ocean's Thirteen (2007, Comedy-Drama)                                | Bounty Hunter          |               |
|               | 48  | 23  | 23  | OLN   | American Gladiators           | Dog the Bounty Hunter      | Dog the Bounty Hunter  | Star Trek: Insurrection ** (1998, Science Fiction)                   | Star Trek: Insurrection ** (1998, Science Fiction)                   | Star Trek: Insurrection ** (1998, Science Fiction)                   | Fresh Prince           |               |
| cable variety | 206 | 206 | 206 | PIX   | (5:55) Toys (1992)            |                            | The Song of Hiawatha ** (1996, Biography), Litefoot                | Everybody's Doing It (2002)  | Everybody's Doing It (2002)  | Everybody's Doing It (2002)  |                        |               |
|               | 67  | 67  | 67  | RDI   | RDI en direct                 | RDI en direct              | 24 Heures en 60 minutes  | Grands reportages (SC)   | Le Téléjournal (SC)  | Le Téléjournal (SC)  | RDI en direct          |               |
|               | 39  | 39  | 39  | SHOW  | Wife Swap                     |                            | The Outer Limits   | Mutant X   | Testees  | Testees  | Trailer Park           | The L Word    |
|               | 40  | 40  | 40  | SLICE | The Mom Show                  |                            | Skin Deep  | Til Debt-Part  | Rich Poor  | Rich Poor  | Rich Bride, Poor Bride | Rich Poor     |
|               | 47  | 47  | 47  | SPACE | Stargate SG-1                 |                            | Stargate Atlantis (DVS)  | Star Trek: Voyager   | Torchwood "Sleeper"  | Torchwood "Sleeper"  | Destin. Truth          |               |
|               | 14  | 14  | 14  | SPIKE | CSI: NY (HDTV)                |                            | CSI: Crime Scene Invstgtn.   | CSI: Crime Scene Invstgtn.   | Ultimate Knockouts 4   | Ultimate Knockouts 4   | DEA (N)                |               |
|               | 57  | 98  | 98  | STAR  | etalk                         | Hollywood                  | The Ellen DeGeneres Show (N)                                       | TMZ (N)  | etalk  | Living the Life  | Look-A-Like            | Tonight Show  |
|               | 21  | 21  | 21  | TLC   | What Not to Wear              |                            | Kids by the Dozen  | 17 Kids-Count  | 17 Kids-Count  | 18 Kids-Count  | 17 Kids-Count          | Toddler-Tiara |
|               | 56  | 34  | 34  | TROP  | What Happen?                  | What Happen?               | Vanity Insanity  | Tube Tales   | Seinfeld   | Seinfeld   | Raymond                | Family Guy    |
|               | 20  | 20  | 20  | TV5   | Que.-champion                 | Journal de Fr2             | Change   | Caméra café  | Pekin express: la route des Incas                                    | "Rio de Janeiro-Tiradentes"  | Facteur                |               |
| cable variety | 28  | 28  | 28  | V     | Doc "Citizen Crane"           |                            | Murder, She Wrote  | Chambers   | On the Buses   | Quantum Leap   | I Prophecy             |               |
|               | 60  | 97  | 97  | VIVA  | Mysterious Ways               |                            | Judging Amy  | Missing  | Missing  | Missing  | Encounters             |               |
|               | 22  | 22  | 22  | W     | Style by Jury                 | Style by Jury              | Will & Grace   | Friends  | How to Look Good Naked   | Style by Jury  | Style by Jury          | Good Naked    |
|               | 251 | 251 | 251 | WGN   | Be-Millionaire                | Evening News               | Two/Half Men   | Family Guy   | Bulls Eye  | NBA Basketball Boston Celtics at Chicago Bulls.                      |                        |               |

### critics' corner

**Sandhogs**  
Sandhogs work in conditions so dangerous that they lose an average of a man a mile. This mostly unknown band of urban miners has toiled in obscurity far below the streets of New York to enable the daily workings of the world's best-known city. They build water and sewage tunnels, subway systems and bridge footings, the most crucial elements of the city's infrastructure. Their working lives are the subject of this new series. 2 PM on HISTORY



**Law & Order: Special Victims Unit**  
An investigation by Detectives Benson and Stabler (Mariska Hargitay, Chris Meloni) into three murders leads them to a strip club owned by former Rockette Birdie Sulloway (Emmy winner Carol Burnett). Birdie and her nephew, Chet (guest star Matthew Lillard), try to help with the case, but the detectives soon discover a vigilante with a violent past. Richard Belzer also stars in the new episode "Ballerina." 8 PM on CJCH; 11 PM on NBC

**To Dublin With Love**  
The musical and cultural ties between Ireland and Newfoundland inform this special from 2007. Director Barbara Doran travels to Dublin with 12 performers and fans for the 20th anniversary of the March Hare — a series of musical and literary celebrations founded by the late poet Al Pittman. 9 PM on BRAVO



For March 16<sup>th</sup>

9 Akon - I'm So Paid

8 Britney Spears - If You Seek Amy

7 All American Rejects - Gives You Hell

6 Lady Gaga - Lovegame

5 Classified - Anybody Listening

4 Eminem Ft 50 Cent & Dr. Dre - Crack A Bottle

3 Karl Wolf Ft Culture - Africa

2 Soulja Boy Ft Sammie - Kiss Me Thru The Phone

1 Flo Rida - Right Round

**WE WANT YOU!**

You could guest host the Interactive NINE@9 with Special Ed. Email: [special@1013thebounce.com](mailto:special@1013thebounce.com)



1013 THEBOUNCE.com





Liz Hurley's marriage is under strain, femalefirst.co.uk reports. The model-and-actress' husband Arun Nayar — whom she wed two years ago — is reportedly frustrated with her refusal to compromise on any joint decisions. **METRO NEWS SERVICES**

**Hurley's marriage at risk?**

## Celebrity Buzz

### Spellings wage book battle

**PEOPLE** Tori Spelling and her mother, Candy Spelling, are at it again.

The famously feuding pair are reportedly taking their fight to the publishing world, as both have book projects set to come out in the coming weeks.

A source tells the New York Post that St. Martin's Press moved the release of Candy's *Stories* from Candyland book up from April 14 to March 31. "They made that decision after getting wind that the publication date for Tori's book was moved to April 14," the source says.



### Drew, Justin play tonsil hockey?

**RELATIONSHIP** Drew Barrymore and her on-again, off-again beau, Justin Long, may very well be on again.

The He's Just Not That Into You co-stars were spotted playing tonsil hockey over the weekend at a Hollywood hotspot, according to Page Six.

"Drew and Justin were at Bar Marmont, drinking beers and making out at a corner table," an eyewitness says. "They left together around 11."



### Whitney breaks it off with Jay

**PEOPLE** The City's Whitney Port and her reality show boyfriend, Jay Lyon, have called it quits, a friend of Port's reveals to In Touch.

"They broke up (last) Monday," said the friend. "Whitney did it over the phone, she was basically just not happy for a while and decided she really wanted to end it. Jay said they should talk things over, but it seems her mind is made up."

The couple agreed to take a break while Jay toured with his band Tamarara.

**METRO NEWS SERVICES**



## Britney on short leash

**PEOPLE** Britney Spears has been ordered to read the Bible for an hour a day, femalefirst.co.uk reports.

The Womanizer singer's father Jamie — who as co-conservator of her estate has full control of Spear's affairs — has issued the star with a string of rules to ensure she doesn't go off the rails on her The Circus Starring Britney Spears tour.

A source said:

"Jamie is determined nothing can go wrong with Britney's comeback. He's making sure she reads the Bible for at least an hour during her quiet time before she goes on stage and has

banned her from using the Internet. He is even monitoring what she eats by insisting on none of her beloved junk food on the rider.

"He's stopping her from leaving her hotel unless accompanied by a security guard and even though she gets on much better with her ex-husband, Kevin Federline, she isn't allowed to speak to

him without Jamie or her manager there."

Despite Jamie's strict orders, it seems as if his daughter — who was hospitalized last year following a breakdown — has already found a way to flout his rules.

Fans at her show in New York last week were stunned to see the toned torso she had showed off on the opening night of her tour in Louisiana has already disappeared.

Despite her energetic dance routine, the 27-year-old star had a roll of fat hanging over her skimpy belly-dancer costume as she performed *Me Against The Music*.

One fan said: "Britney moves around loads on stage but she's clearly carrying extra weight — perhaps someone should think about altering her costumes."

**METRO NEWS SERVICES**



## Jen the next Bond girl?

**CAREER** Jennifer Aniston is being considered for a role in the next James Bond film, femalefirst.co.uk reports.

The 40-year-old actress — who recently expressed an interest in appearing in the British spy film franchise — is set to be offered a screen test for the follow up to *Quantum of Solace*, which will star Daniel Craig as James Bond.

A source at EON, the production company which makes the James Bond films, said: "Jennifer has all the qualities we are looking for in a Bond girl. She has to be beautiful but she also needs to have brains."

"It helps if she's athletic and able to keep up with intense stunt work a Bond movie demands," the source added. "It is likely she'll be called in to meet producers Barbara Broccoli and Michael G. Wilson soon."

Aniston previously said of her Bond aspirations: "I get offered funny, quirky, pretty roles. But I'd love to do an action movie."

James Bond — glamour. Daniel Craig. S—t loads of fun."

**METRO NEWS SERVICES**



## Hot pants put GaGa in hot water

**PEOPLE** Lady GaGa is in trouble with police over her skimpy outfits, femalefirst.co.uk reports.

The Just Dance singer — who is famous for her outrageous and revealing ensembles — keeps getting stopped by officers who believe her flesh-flashing clothes could offend mem-

bers of the public.

The blond beauty was recently stopped in Chicago while she was wearing a pair of tiny hot-pants, the website says.

The singer explained: "I guess they weren't really pants at all. But it

was really funny because all you saw was this half-naked girl on the street yelling at some cop, 'It's fashion! I'm an artist!' It was fun."

The pop star — who used to work as a burlesque dancer — likes to show off her body because it makes her feel sexier.

She said: "It's not that I don't like pants, I just choose not to wear them some days. I think no-pants is sexy. I love the naked human body. I was working in strip clubs when I was 18."

**METRO NEWS SERVICES**



## Lindsay off the hook

**LEGAL** An arrest warrant for actress Lindsay Lohan was quashed Monday after a Beverly Hills judge ruled she had not violated her probation for a 2007 drunken driving conviction.

The \$50,000 warrant was issued by the Beverly Hills Superior Court late Friday but Lohan's lawyer said over the weekend it stemmed from a misunderstanding.

Lohan, 22, spent 84 minutes behind bars in November 2007 for a drunken driving and cocaine

possession conviction after two arrests earlier that year.

The Mean Girls and Freaky Friday actress was also ordered to enroll in an alcohol education program.

Lohan's lawyer submitted proof of the actress's compliance with the order at yesterday's brief hearing and the Beverly Hills Superior Court quashed the arrest warrant. Lohan did not attend yesterday's hearing.

**REUTERS**



## Growing old hard on the body: Matt

**PEOPLE** Matt Damon struggles to cope with filming action scenes now that he is getting older, femalefirst.co.uk reports.

The actor says he hopes to shoot a fourth movie in the Bourne series, but admits he finds it harder to recover from filming physical stunts.

He said: "We're working on Bourne 4. This time it would be from an original script rather than a book by Robert Ludlum."

But the director, Paul Greengrass, is busy and I am too, so we'll see what happens.

"When I did the first movie, I was 29 years old. I am 37 now, and after a tough fighting scene, the next day you wake up and feel your body more. That's just the way it is."

**METRO NEWS SERVICES**



## Gisele brings Tom home

**PEOPLE** Gisele Bündchen brought husband Tom Brady home to visit her family over the weekend, usmagazine.com reports.

The two were photographed in the supermodel's Brazilian hometown of Horizontina. Local newspaper Zero Hora reported that they were there for her grandfather's 83rd birthday.

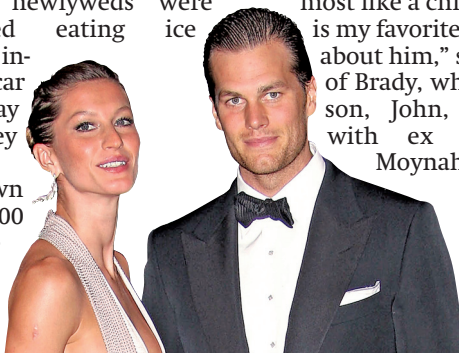
The newlyweds were snapped eating ice cream inside a car Saturday as they toured the town of 18,000 inhabitants. The paper

also reports that Brady, 31, worked out at a local gym.

As Usmagazine.com first reported, the two tied the knot Feb. 26 at the Catholic Church in Santa Monica, Calif. The usually private Bündchen, 28, tells April's Harper's Bazaar that her husband is "a good guy."

"He has a very pure heart. He's very naive, almost like a child. That is my favorite quality about him," she says of Brady, who has a son, John, 1 1/2, with ex Bridget Moynahan.

**METRO NEWS SERVICES**









It's a LUCKY day  
to BUY a CAR!

**LOWER PRICES**

OR WITH  
**0% PURCHASE FINANCING\***

ASK ABOUT OUR EXCLUSIVE  
**WALKAWAY PROGRAM**

2009 ELANTRA L  
STARTING PRICE  
~~\$15,845~~  
**NEW SALE PRICE**  
**\$11,995\***  
WITH **0%** PURCHASE FINANCING FOR 36 MOS.†



CHECK OUT THE ALL-NEW  
**2009 ELANTRA TOURING**

• ONE OF THE LARGEST INTERIORS IN ITS CLASS  
• 2.0L, 138 HP 4-CYLINDER ENGINE • AM/FM/CD/MP3/AUX. PLUG/USB PORT AUDIO SYSTEM

LEASE FROM  
**\$199\*\***

NO MONEY DOWN,  
DELIVERY & DESTINATION INCL.  
PER MO./60 MOS.

STARTING FROM ONLY  
**\$14,995\*** WITH **2.75%** PURCHASE FINANCING FOR 72 MOS.†



2009 ACCENT L 3DR  
STARTING PRICE  
~~\$13,595~~  
**NEW SALE PRICE**  
**\$9,995\*** WITH **0%** PURCHASE FINANCING FOR 36 MOS.†



2009 SONATA GL  
STARTING PRICE  
~~\$21,995~~  
**NEW SALE PRICE**  
**\$17,995\*** WITH **0%** PURCHASE FINANCING FOR 48 MOS.†



2009 SANTA FE 2.7L GL  
STARTING PRICE  
~~\$25,995~~  
**NEW SALE PRICE**  
**\$21,995\*** WITH **0%** PURCHASE FINANCING FOR 48 MOS.†



2009 TUSCON L  
STARTING PRICE  
~~\$21,195~~  
**NEW SALE PRICE**  
**\$18,995\*** WITH **0%** PURCHASE FINANCING FOR 48 MOS.†

Our Deals  
Our Team



Mike Sampson



Clarence Goyetche



Mike Forsey



Jim Dolan



Pat Allen



Gordie McKay

OR TAKE ADVANTAGE OF **GREAT LEASE OFFERS.** **SMART** IS IN.

[www.oreganshyundaidartmouth.com](http://www.oreganshyundaidartmouth.com)



**O'REGAN'S**

DRIVING HIGHER STANDARDS

**DARTMOUTH  
HYUNDAI**

**5 YEAR  
100,000 KM  
WARRANTY**

COMPREHENSIVE LIMITED WARRANTY\*\*

60 Baker Dr, Unit D • Dartmouth, NS, B2W 6L4 • Phone: (902) 465-7500 • Fax: (902) 464-0485

\*The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp., and used under license. \*\*New sale prices are calculated after deducting price adjustments off the lease/finance starting prices. Price adjustments are available on all 2009 Elantra L 5-speed of \$3,600/2009 Accent 3 Dr. L of \$3,600/2009 Sonata GL 5-speed of \$4,000/2009 Tucson L 5-speed of \$2,200/2009 Santa Fe GL 2.7L FWD 5-speed of \$4,000. Prices for models shown (after deducting price adjustment): 2009 Elantra Limited of \$20,295/2009 Accent GL Sport 5-speed of \$13,895/2009 Sonata Limited of \$27,995/2009 Tucson Santa Fe 2009 Elantra Touring models with a finance rate of 0%/0%/0%/0%/0%/2.75% of \$1,495/\$1,495/\$1,495/\$1,495/\$1,495/\$1,495. Delivery and Destination charges of \$1,495/\$1,495/\$1,495/\$1,495/\$1,495/\$1,495. †Starting price for 36/36/48/48/48/72 month terms. Financing example: 2009 Tucson L 5-speed for \$18,995 (after deducting the price adjustment at 0% per annum equals \$432.50 per month for 48 months for a total obligation of \$20,755. Cash price is \$18,995. Example price includes delivery & destination. Example price excludes registration, insurance, licence fees and all applicable taxes. ‡Starting price for model shown: 2009 Elantra Touring GL 5-speed of \$18,795. Price excludes delivery and destination charges of \$1,495, applicable licence fees, insurance, registration and all taxes. Delivery and Destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. \*\*Leasing offers available O.A.C. from Hyundai Financial Services based on a new 2009 Elantra Touring with an annual lease rate of 2.6%. Monthly payment is \$199 per month for a 60 month walk-away lease. Down Payment of \$0 and first monthly payment required. Total lease obligation is \$11,940. Lease offers include delivery and destination (\$1,495). Lease offers exclude applicable licence fees, insurance, registration, PPSA (\$45), and taxes. \$0 security deposit on all models. 20,000 km allowance per year applies. Additional charge of \$0.10/km. Delivery and Destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. ††Offers available for a limited time and subject to change or cancellation without notice. See dealer for complete details. Dealer may sell for less. ‡See your dealer for eligible vehicles and full details of the Graduate Rebate Program. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.